



# Liberty Traditional Saddleback

## December Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>12/3/2018</b>	<b>12/4/2018</b>	<b>12/5/2018</b>	<b>12/6/2018</b>	<b>12/7/2018</b>
Select 2 items: Cheerios Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk and an Applesauce Cup	Select 2 items: Mini-Wheats Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
<b>12/10/2018</b>	<b>12/11/2018</b>	<b>12/12/2018</b>	<b>12/13/2018</b>	<b>12/14/2018</b>
Select 2 items: Trix Cereal Cherry Frudel Milk and 100% Grape Juice	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Sliced Apples	Select 2 items: Apple Jacks Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and Very Strawberry Applesauce	Select 2 items: Banana Muffin Whole-Grain Go-Gurt Milk and a 100% Orange Juice
<b>12/17/2018</b>	<b>12/18/2018</b>	<b>12/19/2018</b>	<b>12/20/2018</b>	<b>12/21/2018</b>
Select 2 items: Froot Loop Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk and an Applesauce Cup	Select 2 items: Lucky Charms Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Apple Cinnamon Muffin Go-Gurt Milk and 100% Orange Juice
<b>12/24/2018</b>	<b>12/25/2018</b>	<b>12/26/2018</b>	<b>12/27/2018</b>	<b>12/28/2018</b>
<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>



Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.





# Liberty Traditional Saddleback

## December Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>12/3/2018</b>	<b>12/4/2018</b>	<b>12/5/2018</b>	<b>12/6/2018</b>	<b>12/7/2018</b>
Sloppy Joes Whipped Potatoes Chilled Diced Peaches Milk	Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Cheese Enchilada with Green Chile Sauce Carrot Sticks Fresh Grapes Salsa Milk	Pepperoni Pizza on a Whole-Grain Crust Garden Salad with Dressing Diced Pears Milk
<b>12/10/2018</b>	<b>12/11/2018</b>	<b>12/12/2018</b>	<b>12/13/2018</b>	<b>12/14/2018</b>
Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	Turkeywich Sweet Potato Fries Banana Milk	Chicken Taco Bowl Celery Sticks Mixed Fruit Salsa Milk	Turkey Corn Dog with G Ranchero Beans Orange Slices Milk	Pepperoni Pizza on Whole-Grain crust Garden Salad with Dressing Applesauce Milk
<b>12/17/2018</b>	<b>12/18/2018</b>	<b>12/19/2018</b>	<b>12/20/2018</b>	<b>12/21/2018</b>
Hamburger Crinkle Cut French Fries Chilled Diced Peaches Milk	BBQ Chicken Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk	Hot Diggity Dog Sweet Potato Tots Mixed Fruit Milk	Cheese Quesadilla Refried Beans Fresh Grapes Milk Salsa	<b>Half Day No Lunch</b>
<b>12/24/2018</b>	<b>12/25/2018</b>	<b>12/26/2018</b>	<b>12/27/2018</b>	<b>12/28/2018</b>
<b>Winter Break No School</b>	<b>Winter Break No School</b>	<b>Winter Break No School</b>	<b>Winter Break No School</b>	<b>Winter Break No School</b>



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# Liberty Traditional Saddleback

## December Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12/3/2018	12/4/2018	12/5/2018	12/6/2018	12/7/2018
Cheese Ritz Bits Applesauce Cups	Bug Bites Graham Cracker Cheddar Cheese Stick	Chex Traditional Snack Mix Apple	Heartzels Pretzels Celery Sticks	Elf Chocolate Graham Crackers String Cheese Stick
12/10/2018	12/11/2018	12/12/2018	12/13/2018	12/14/2018
Cheese Ritz Bits Applesauce Cups	Scooby Doo Graham Sticks Cheddar Cheese Stick	Rice Krispies Treat Apple	Chex Traditional Snack Mix Carrotteenies	Elf Choc Graham Crackers String Cheese Stick
12/17/2018	12/18/2018	12/19/2018	12/20/2018	12/21/2018
Cheese Ritz Bits Applesauce Cups	Bug Bites Graham Cracker Cheddar Cheese Stick	Quaker Snack Mix Apple	Cheddar Chex Mix Celery Sticks	<b>Half Day No Lunch</b> <b>No After School</b>
12/24/2018	12/25/2018	12/26/2018	12/27/2018	12/28/2018
<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>	<b>Winter Break</b> <b>No School</b>



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