6		Liberty Traditional Saddleback May Breakfast Menu					
	R T Y						
	Monday	Tuesday	Wednesday	Thursday	Friday		
/30		5/1	5/2	5/3	5/4		
	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	No School		
	Froot Loops Cereal	Bagel with Cream Cheese	Mini-Wheats Cereal	Whole-Wheat Pan Dulce	Teacher Inservice		
	Apple Nutri-Grain	French Toast Crackers	Whole-Grain Strawberry Pop-Tart	Cheddar Cheese Stick			
	Milk	Milk	Milk	Milk			
	and	and an	and	and			
	100% Grape Juice	Applesauce Cup	Fresh Grapes	Sliced Apples			
/7		5/8	5/9	5/10	5/11		
	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:		
	Trix Cereal	Mini Cinnamon Bagel	Apple Jacks Cereal	Whole-Wheat Pan Dulce	Banana Muffin Whole-Grain		
	Apple Frudel	Zoo Animal Crackers	Whole-Grain Cinnamon Pop-Tart	String Cheese Stick	Go-Gurt		
	Milk	Milk	Milk	Milk	Milk		
	and	and a	and	and a	and		
	100% Grape Juice	Sliced Apples	Fresh Grapes	Very Strawberry Applesauce	100% Orange Juice		
/14		5/15	5/16	5/17	5/18		
	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:		
	Cheerios Cereal	Bagel with Cream Cheese	CinnamonToast Cereal	Whole-Wheat Pan Dulce	Blueberry Muffin		
	Strawberry Nutri-Grain	Scooby Doo Graham Sticks	Whole-Grain Cinnamon Pop-Tart	Cheddar Cheese Stick	Apple Cinnamon Muffin		
	Milk	Milk	Milk	Milk	Go-Gurt		
	and	and an	and	and	Milk		
	100% Grape Juice	Applesauce Cup	Fresh Grapes	Sliced Apples	and		
					100% Orange Juice		
/21		5/22	5/23	5/24	5/25		
	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:		
	Trix Cereal	Bagel with Cream Cheese	Apple Jacks Cereal	Whole-Wheat Pan Dulce	Banana Muffin Whole-Grain		
	Cocoa Puffs Cereal	Mini Cinnamon Bagel	CinnamonToast Cereal	String Cheese Stick	Chocolate Chip Whole-Grain Muffin		
	Apple Frudel	Mini Strawberry Bagel	Whole-Grain Cinnamon Pop-Tart	Milk	Go-Gurt		
	Cherry Frudel	Zoo Animal Crackers	Whole-Grain Strawberry Pop-Tart	and an	Milk		
	Milk	Bug Bites GrahamCracker	Milk	Very Strawberry Applesauce	and		
	and	Milk	and		100% Orange Juice		
	100% Grape Juice	and	Fresh Grapes				
	100% Grape Suice	Sliced Apples	r resir Grapes				
		Choice of Fat-Free or 1 M Applications for F	Fat-Free or 1% White Milk is availab % White Milk and Fat-Free Chocola enus are subject to change without REE and REDUCED lunches are avai tion is an equal opportunity employ	te Milk is available for lunch. t notice. ilable at the front desk.			

Liberty Traditional Saddleback										
LIBE MARKET	May Lunch Menu									
	Monday	Tuesday	Wednesday	Thursday	Friday					
4/30		5/1	5/2	5/3	5/4					
	Hamburger	Whole-Grain Chicken Nuggets	Mini Chicken Tacos	Sweet and Sour Chicken	No School					
	Sweet Potato Tots	Whipped Potatoes	Carrots/Celery Sticks	with Rice	Teacher Inservice					
	Chilled Diced Peaches	Banana	Mixed Fruit	Steamed Broccoli Florets						
	Milk	Whole-Grain Biscuit	Salsa	Mandarin Oranges						
		Milk	Milk	Milk						
5/7		5/8	5/9	5/10	5/11					
	Sloppy Joes	Grilled Chicken Breast	Lit'l Smokies	Chicken Fajitas	Whole-Grain Spaghetti w/Meatballs					
	Whipped Potatoes	Green Beans	Ranchero Beans	Whole-Grain Tortilla	Garden Salad w/Italian Dressing					
	Chilled Diced Peaches	Apple	Mixed Fruit	Carrot Sticks	Diced Pears					
	Milk	Whole-Grain Biscuit	Whole-Grain Tortilla	Fresh Grapes	Wheat Breadstick					
		Milk	Milk	Salsa	Milk					
				Milk						
5/14		5/15	5/16	5/17	5/18					
	Cheeseburger	Turkey-Cheese Deli Sub	Beef Taco Bowl	Turkey Corn Dog W/G	Cheese Stick with Marinara					
	Smile Potatoes	Sweet Potato Fries	Celery Sticks	Ranchero Beans	Garden Salad w/Italian Dressing					
	Chilled Diced Peaches	Banana	Mixed Fruit	Orange Slices	Applesauce					
	Milk	Milk	Salsa	Milk	Milk					
			Milk							
_										
5/21		5/22	5/23	5/24	5/25					
	Hamburger	BBQ Chicken Drumstick	Hot Diggity Dog	Cheese Quesadilla	Last Day of School					
	Crinkle Cut French Fries	Steamed Broccoli Florets	Sweet Potato Tots	Refried Beans	No Lunch					
	Chilled Diced Peaches	Applesauce	Mixed Fruit	Diced Pears						
	Milk	Whole-Grain Biscuit	Milk	Milk						
		Milk		Salsa						
		Choice of Fat-Free or 1% White Milk is available for breakfast.			\sim					
		Choice of Fat-Free or 1%								
		Men	1200-lat							
	Culture	Applications for FRE								
		"This institutio	n is an equal opportunity emp	lover and provider."						

6	Liberty Traditional Saddleback								
May Snack Menu									
	Monday	Tuesday	Wednesday	Thursday	Friday				
4/30		5/1	5/2	5/3	5/4				
	Cheese Ritz Bits	Mini Cinnamon Graham Cracker	Quaker Snack Mix	Cheddar Chex Mix	No School				
	Applesauce Cups	Cheddar Cheese Stick	Apple	Celery Sticks	Teacher Inservice				
5/7		5/8	5/9	5/10	5/11				
	Cheez-It Crackers	Animal Crackers	Rice Krispies Treat	Chex Traditional	Elf Chocolate Graham Crackers				
	Applesauce Cups	Cheddar Cheese Stick	Apple	Snack Mix	String Cheese Stick				
				Carrotteenies					
5/14		5/15	5/16	5/17	5/18				
	Cheese Ritz Bits	Bug Bites Graham Cracker	Chex Traditional	Heartzels Pretzels	Elf Chocolate Graham Crackers				
	Applesauce Cups	Cheddar Cheese Stick	Snack Mix	Celery Sticks	String Cheese Stick				
			Apple						