

Liberty Traditional Saddleback April Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday | | | |
|------------------------|--------------------------|---------------------------------|----------------------------|-----------------------------------|--|--|--|
| /2 | 4/3 | 4/4 | 4/5 | 4/6 | | | |
| Easter Holiday | Select 2 items: | Select 2 items: | Select 2 items: | Select 2 items: | | | |
| No School | Bagel with Cream Cheese | Mini Wheats Cereal | Whole-Wheat Pan Dulce | Blueberry Muffin | | | |
| | French Toast Crackers | Whole-Grain Strawberry Pop-Tart | Cheddar Cheese Stick | Go-Gurt | | | |
| | Milk | Milk | Milk | Milk | | | |
| | and an | and | and | and | | | |
| | Applesauce Cup | Fresh Grapes | Sliced Apples | 100% Orange Juice | | | |
| /9 | 4/10 | 4/11 | 4/12 | 4/13 | | | |
| Select 2 items: | Select 2 items: | Select 2 items: | Select 2 items: | Select 2 items: | | | |
| Trix Cereal | Mini Cinnamon Bagel | Apple Jacks Cereal | Whole-Wheat Pan Dulce | Banana Muffin Whole-Grain | | | |
| Apple Frudel | Zoo Animal Crackers | Whole-Grain Cinn Pop-Tart | String Cheese Stick | Go-Gurt | | | |
| Milk | Milk | Milk | Milk | Milk | | | |
| and | and a | and | and | and | | | |
| 100% Grape Juice | Sliced Apple | Fresh Grapes | Very Strawberry Applesauce | 100% Orange Juice | | | |
| /16 | 4/17 | 4/18 | 4/19 | 4/20 | | | |
| Select 2 items: | Select 2 items: | Select 2 items: | Select 2 items: | Select 2 items: | | | |
| Cheerios Cereal | Bagel with Cream Cheese | Lucky Charms Cereal | Whole-Wheat Pan Dulce | Apple Cinnamon Muffin | | | |
| Strawberry Nutri-Grain | Scooby Doo Graham Sticks | Whole-Grain Strawberry Pop-Tart | Cheddar Cheese Stick | Go-Gurt | | | |
| Milk | Milk | Milk | Milk | Milk | | | |
| and | and an | and | and a | and | | | |
| 100% Grape Juice | Applesauce Cup | Fresh Grapes | Sliced Apple | 100% Orange Juice | | | |
| /23 | 4/24 | 4/25 | 4/26 | 4/27 | | | |
| Select 2 items: | Select 2 items: | Select 2 items: | Select 2 items: | Select 2 items: | | | |
| Cocoas Puffs Cereal | Mini Strawberry Bagel | Cinn. Toast Cereal | Whole-Wheat Pan Dulce | Chocolate Chip Whole-Grain Muffin | | | |
| Cherry Frudel | Bug Bites Graham Cracker | Whole-Grain Cinnamon Pop-Tart | String Cheese Stick | Go-Gurt | | | |
| Milk | Milk | Milk | Milk | Milk | | | |
| and | and a | and | and | and a | | | |
| 100% Grape Juice | Sliced Apple | Fresh Grapes | Very Strawberry Applesauce | 100% Orange Juice | | | |
| | 1 | | 1 | | | | |



Choice of Fat-Free or 1% White Milk is available for breakfast.

Choice of Fat-Free or 1% White Milk and Fat-Free Chocolate Milk is available for lunch.

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.

"This institution is an equal opportunity employer and provider."





Liberty Traditional Saddleback April Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------|--------------------------|--------------------------|-----------------------------------|-----------------------------|------------------------------------|
| 4/2 | | 4/3 | 4/4 | 4/5 | 4/6 |
| | Easter Holiday | Turkey-Cheese Deli Sub | Beef Taco Bowl | Whole-Grain Turkey Corn Dog | Cheese Stick with Maranara |
| | No School | Sweet Potato Fries | Celery Sticks | Ranchero Beans | Garden Salad with Italian Dressing |
| | | Banana | Mixed Fruit | Orange Slices | Applesauce |
| | | Milk | Salsa | Milk | Milk |
| | | | Milk | | |
| 4/9 | | 4/10 | 4/11 | 4/12 | 4/13 |
| | Hamburger | BBQ Chicken Drumstick | Hot Diggity Dog | Cheese Quesadilla | Pretzel and Cheese |
| | Crinkle Cut French Fries | Steamed Broccoli Florets | Sweet Potato Tots | Refried Beans | Green Beans |
| | Chilled Diced Peaches | Apple | Mixed Fruit | Fresh Grapes | Diced Pears |
| | Milk | WG Biscuit | Milk | Milk | Milk |
| | | Milk | | Salsa | |
| 4/16 | | 4/17 | 4/18 | 4/19 | 4/20 |
| | Chicken Pattie Sandwich | Sweet and Sour Chicken | Whole-Grain Bean & Cheese Burrito | Chicken Strips | Whole-Grain Pepperoni Pizza Bites |
| | Smile Potatoes | with Rice | Carrot Sticks | Ranchero Beans | Mixed Vegetables |
| | Chilled Diced Peaches | Steamed Broccoli Florets | Mixed Fruit | Orange Slices | Applesauce |
| | Milk | Banana | Salsa | WG Biscuit | Milk |
| | | Milk | Milk | Milk | |
| 4/23 | | 4/24 | 4/25 | 4/26 | 4/27 |
| | BBQ Chicken Sandwich | Maple Mini Pancakes | Whole-Grain Grilled Cheese | Chicken Taco Bowl | Pepperoni Pizza on |
| | Sweet Potato Fries | Sausage Patty | Sandwich | Refried Beans | a Whole-Grain Crust |
| | Chilled Diced Peaches | Smile Potatoes | Green Beans | Fresh Grapes | Garden Salad with Italian Dressing |
| | Milk | Apple | Mixed Fruit | Salsa | Diced Pears |
| | | Milk | Milk | Milk | Wheat Breadstick |
| | | | | | Milk |



Choice of Fat-Free or 1% White Milk and Fat-Free Chocolate Milk is available for lunch.

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Liberty Traditional Saddleback April Snack Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------|-------------------|------------------------------|------------------------------|--------------------|-------------------------------|
| 4/2 | | 4/3 | 4/4 | 4/5 | 4/6 |
| | Easter Holiday | Mini Cinnamon Graham Cracker | Quaker Snack Mix | Cheddar Chex Mix | Elf Chocolate Graham Crackers |
| | No School | Cheddar Cheese Stick | Apple | Celery Sticks | String Cheese Stick |
| 4/9 | | 4/10 | 4/11 | 4/12 | 4/13 |
| | Cheez-It Crackers | Animal Crackers | Rice Krispies Treat | Chex Traditional | Elf Chocolate Graham Crackers |
| | Applesauce Cups | Cheddar Cheese Stick | Apple | Snack Mix | String Cheese Stick |
| | | | | Carrotteenies | |
| 4/16 | | 4/17 | 4/18 | 4/19 | 4/20 |
| | Cheese Ritz Bits | Bug Bites Graham Cracker | Chex Traditional | Heartzels Pretzels | Elf Chocolate Graham Crackers |
| | Applesauce Cups | Cheddar Cheese Stick | Snack Mix | Celery Sticks | String Cheese Stick |
| | | | Apple | | |
| 4/23 | | 4/24 | 4/25 | 4/26 | 4/27 |
| | Cheese Ritz Bits | Scooby Doo Graham Sticks | Mini Cinnamon Graham Cracker | Strawberry Yogurt | Elf Chocolate Graham Crackers |
| | | | | I . | 1 |
| | Applesauce Cups | Cheddar Cheese Stick | Apple | Chex Mix | String Cheese Stick |



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