



## Liberty Traditional Saddleback November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/6</b>	<b>11/7</b>	<b>11/8</b>	<b>11/9</b>	<b>11/10</b>
Select 2 items: Trix Cereal Apple Frudel Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Mini Strawberry Bagel Lemon Chip Crisp Bar Bug Bites Graham Cracker Milk and a Sliced Apple	Select 2 items: Apple Jacks Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and an Applesauce Cup	Veteran's Day No School
<b>11/13</b>	<b>11/14</b>	<b>11/15</b>	<b>11/16</b>	<b>11/17</b>
Select 2 items: Froot Loop Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Mini Strawberry Bagel French Toast Crackers Milk and an Applesauce Cup	Select 2 items: Lucky Charms Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
<b>11/20</b>	<b>11/21</b>	<b>11/22</b>	<b>11/23</b>	<b>11/24</b>
Select 2 items: Cocoa Puffs Cereal Cherry Frudel Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Bugs Bites GrahamCracker Milk and an Applesauce Cup	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving Break No School
<b>11/27</b>	<b>11/28</b>	<b>11/29</b>	<b>11/30</b>	<b>12/1</b>
Select 2 items: Cheerios Cereal Apple Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Mini Strawberry Bagel French Toast Crackers Milk and an Applesauce Cup	Select 2 items: Mini-Wheats Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Apple Cinnamon Muffin Go-gurt Milk and 100% Orange Juice



Choice of Fat-Free or 1% White Milk is available for breakfast.  
 Choice of Fat-Free or 1% White Milk and Fat-Free Chocolate Milk is available for lunch.

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.

"This institution is an equal opportunity employer and provider."





## Liberty Traditional Saddleback November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/6</b>	<b>11/7</b>	<b>11/8</b>	<b>11/9</b>	<b>11/10</b>
Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	Ham & Cheese Deli Sub Sweet Potato Fries Banana Milk	Chicken Fajitas Whole-Grain Tortilla Celery Sticks Mixed Fruit Salsa	Mini Corn Dogs Ranchero Beans Orange Slices Milk	Veteran's Day No School
<b>11/13</b>	<b>11/14</b>	<b>11/15</b>	<b>11/16</b>	<b>11/17</b>
Chicken Pattie Sandwich Smile Potatoes Chilled Diced Peaches Milk	Sweet and Sour Chicken with Rice Steamed Broccoli Florets Banana Milk	Chili Hot Dog Sweet Potato Tots Mixed Fruit Milk	Cheese Quesadilla Refried Beans Fresh Grapes Milk Salsa	Pretzel and Cheese Green Beans Diced Pears Milk
<b>11/20</b>	<b>11/21</b>	<b>11/22</b>	<b>11/23</b>	<b>11/24</b>
Stuffed Meatloaf Crinkle Cut French Fries Chilled Diced Peaches Milk	Crispy Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving Break No School
<b>11/27</b>	<b>11/28</b>	<b>11/29</b>	<b>11/30</b>	<b>12/1</b>
BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Maple Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk	Chicken Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Pepperoni Pizza on a Whole-Grain Crust Garden Salad with Italian Dressing Diced Pears
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>Choice of Fat-Free or 1% White Milk is available for breakfast.            Choice of Fat-Free or 1% White Milk and Fat-Free Chocolate Milk is available for lunch.            Menus are subject to change without notice.            Applications for FREE and REDUCED lunches are available at the front desk.            "This institution is an equal opportunity employer and provider."</p> </div> <div style="text-align: center;">  </div> </div>				



## Liberty Traditional Saddleback November Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/6</b>	<b>11/7</b>	<b>11/8</b>	<b>11/9</b>	<b>11/10</b>
Cheez-It Crackers Applesauce Cups	Animal Crackers Cheddar Cheese Stick	Rice Krispies Treat Apple	Chex Traditional Snack Mix Carrotteenes	Veterans Day No School
<b>11/13</b>	<b>11/14</b>	<b>11/15</b>	<b>11/16</b>	<b>11/17</b>
Cheese Ritz Bits Applesauce Cups	Mini Cinnamon Graham Cracker Cheddar Cheese Stick	Quaker Snack Mix Apple	Cheddar Chex Mix Celery Sticks	Chocolate Chip Oatmeal Bar String Cheese Stick
<b>11/20</b>	<b>11/21</b>	<b>11/22</b>	<b>11/23</b>	<b>11/24</b>
Cheez-It Crackers Applesauce Cups	Scooby Doo Graham Sticks Cheddar Cheese Stick	Thanksgiving Break No School	Thanksgiving Break No School	Thanksgiving Break No School
<b>11/27</b>	<b>11/28</b>	<b>11/29</b>	<b>11/30</b>	<b>12/1</b>
Cheese Ritz Bits Applesauce Cups	Bug Bites Graham Crackers Cheddar Cheese Stick	Chex Traditional Snack Mix Apple	Heartzels Pretzels Celery Sticks	

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